# **Worried about Mom** or Dad living alone?

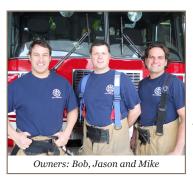


Sometimes families need just a little assistance to ensure Mom or Dad is residing independently and safely in their own home. As professional firefighters and paramedics, we have seen the value that regular visits provide to seniors - not only for safety, but also for socialization.

Our new Well-Being visits provide regular checkins with your loved one and help fill the gaps when you are pressed for time. These unique safety and socialization visits support activities of daily living and provide peace of mind for your family.

### Here's how it works...

- 1. You pick the days that your loved one needs a Well-Being visit and select the checks they need from the list on the right.
- 2. During each visit, we ensure that your Mom or Dad is safe according to your check list.
- 3. An email is immediately sent to you confirming the visit and well-being of your loved one.



"The invaluable experience of responding to seniors in need is the foundation that our company is built upon."



## **Announcing Our NEW** Well-Being Visits Program!

Standard Checks: (A customized list can be developed)

- Personal hygiene
- Appropriate dress
- Nutrition assessment
- Bathroom cleanliness
- Kitchen cleanliness

- Medications are taken Home temperature
  - · Doors locked
  - Stove/coffee pot off
  - Check for trip hazards
  - Take out garbage
  - Mail and newspaper
- Check for spoiled food Front porch clean (Snow)

#### **Well-Being Visits:**

1-2 visits per week \$35 per visit 3 or more visits per week \$30 per visit

### **Additional Well-Being Services:**

Shower assistance Check vitals (including blood sugar)

\$50 per visit \$5 per visit